Sub. Code 7MHF1C1

M.Sc. DEGREE EXAMINATION, APRIL 2023.

First Semester

Home Science

ADVANCED FOOD SCIENCE

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Write short notes on Gluten.
- 2. What is gelatinization?
- 3. Briefly explain protein concentrates.
- 4. Give the nutritive value of protein concentrates.
- 5. List the names of proteins in egg white.
- 6. What is yearling mutton?
- 7. What is cathepsin?
- 8. Write the nutritional importance of yoghurt.
- 9. Define the term 'Rancidity'.
- 10. Classify beverages with examples.

Part B $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Explain the nutritive value and health benefits of millets.

Or

- (b) List the factors affecting gluten formation.
- 12. (a) Define germination. List the factors affecting germination.

Or

- (b) List the changes taking place during ripening of fruits.
- 13. (a) Explain the role of egg in Indian Cookery.

Or

- (b) Discuss the grades of "meat cuts".
- 14. (a) Give the nutritional importance of milk.

Or

- (b) List the factors affecting smoking point of fats.
- 15. (a) Explain the Role of nuts and oilseeds in Indian cookery.

Or

(b) List the types of sugar and mention its applications in food preparation.

2

Answer any **three** questions.

- 16. What is parboiling of paddy? Highlight its
 - (a) Methods.
 - (b) Advantages and
 - (c) Disadvantages.
- 17. Explain the role of pulses in Indian cookery with suitable recipe preparation.
- 18. Discuss the effect of cooking green and white vegetables in acidic and alkaline medium and in high cooking temperature.
- 19. What is meant by Rigor mortis? List the factors influencing tenderness of meat.
- 20. Explain the stages of sugar with suitable sweet recipe preparations.

Sub. Code 7MHF1C2

M.Sc. DEGREE EXAMINATION, APRIL 2023.

First Semester

Home Science

ADVANCED NUTRITION

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What is specific dynamic action of foods?
- 2. Briefly explain Gross fuel value of foods.
- 3. Write short notes on Resistant starch.
- 4. Define the term glycolysis.
- 5. Give a note on net protein utilization.
- 6. How do you nutritionally classify proteins?
- 7. Write a note on phospholipids.
- 8. List four functions of lipids.
- 9. What is meant by polar environment?
- 10. Briefly explain Tran's fatty acids.

Part B

 $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) How do you estimate energy requirement during work?

Or

- (b) In which conditions energy requirement is increased?
- 12. (a) Give the nutritional classification of starch.

Or

- (b) List the functions of carbohydrates.
- 13. (a) "Protein is essential for growth and maintenance of tissues" Justify.

Or

- (b) How do you improve the quality of protein in the diet?
- 14. (a) Explain β oxidation of fatty acids.

Or

- (b) "Tran's fatty acid is not good for health" Justify the statement.
- 15. (a) Explain the nutritional requirement in high altitude.

Or

(b) Write short notes on cold environment and its nutritional requirement.

Answer any **three** questions.

- 16. Define BMR. Enumerate the factors affecting BMR.
- 17. Explain the role of dietary fiber in human nutrition.
- 18. Discuss the methods used to evaluate protein quality.
- 19. Discuss the distribution and storage of fats in the human body.
- 20. Explain the nutritional requirement in space mission.

Sub. Code 7MHF1C4

M.Sc. DEGREE EXAMINATION, APRIL 2023.

First Semester

Home Science

TEXTILES AND CLOTHING

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What are the different types of Silk?
- 2. Define regenerated cellulosic fibers.
- 3. Write the difference between Mono and Multifilament Fibers.
- 4. What do you meant by S Twist?
- 5. Define Weaving.
- 6. List the methods of pretreatment of cotton fabric.
- 7. Define the word "Wardrobe".
- 8. List the types of water hardness.
- 9. Define Dry Cleaning.
- 10. What is natural dyeing?

Answer all questions, choosing either (a) or (b).

11. (a) Describe the life cycle of silk worm.

Or

- (b) Discuss the properties and uses of nylon fibers.
- 12. (a) Write the classification of yarn.

Or

- (b) Differentiate between warp and weft yarn.
- 13. (a) Explain any two pre treatment process of cotton.

Or

- (b) Describe about the importance of designing and its uses.
- 14. (a) How will you plan the laundry area?

Or

- (b) Give note on Ironing instructions.
- 15. (a) Explain in detail about the types of printing

Or

(b) Give an account on transfer printing.

2

Answer any **three** questions.

- 16. Explain the manufacturing process of polyester yarn.
- 17. Write a note on Fancy yarns.
- 18. Describe the parts and functions of loom.
- 19. Explain the procedure for removal of blood stain and tea stain.
- 20. Describe in detail about the block printing techniques.

Sub. Code 7MHF2C1

M.Sc. DEGREE EXAMINATION, APRIL 2023.

Second Semester

Home Science

ADVANCED DIETETICS

(CBCS – 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

 $\mathbf{Part} \mathbf{A} \qquad (10 \times 2 = 20)$

- 1. Write short notes on celiac disease.
- 2. Expand DASH and ORTS.
- 3. What is energy imbalance?
- 4. List the complications of obesity.
- 5. Give the types of urinary calculi.
- 6. Mention the role of dietary fibre in prevention of hyperlipidemia.
- 7. Define the term of atherosclerosis.
- 8. Enumerate the types of hypertension.
- 9. Mention the causes of cancer.
- 10. What are types of cancer?

Part B

 $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Write short notes on Liquid diets.

Or

- (b) List the principles of diet therapy.
- 12. (a) Name any four conditions in which protein requirement is modified.

Or

- (b) List the types and causes of fever.
- 13. (a) What are symptoms of gout? Mention four foods to be restricted and included in the diet of gout.

Or

- (b) Write short notes on nephrosis.
- 14. (a) How do you modify the diet dialysis?

Or

- (b) Mention nutritional complications of obesity.
- 15. (a) Give the nutritional problems of cancer therapy.

Or

(b) List the recommendations suggested for the prevention of cancer.

 2

Answer any **three** questions.

- 16. What is Cirrhosis? Discuss the dietary modification for Cirrhosis.
- 17. Explain the predisposing factors and metabolic changes occurring in diabetes mellitus.
- 18. Define and classify dialysis and highlight dietary modification in dialysis.
- 19. Enumerate the risk factors for the occurrence of cardiovascular diseases.
- 20. Explain the role of functional foods in prevention of cancer.

Sub. Code 7MHF2C2

M.Sc. DEGREE EXAMINATION, APRIL 2023

Second Semester

Home Science

DIET IN METABOLIC DISEASES

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What is meant by TER?
- 2. List four hormones that control hunger.
- 3. Write a note on diabetic coma.
- 4. Define the term glycemic load.
- 5. What is carcinogenesis?
- 6. List the types of lipoproteins.
- 7. Briefly explain proteinuria.
- 8. List the symptoms of jaundice.
- 9. Give four metabolic disorders.
- 10. What is meant by gout?

Part B

 $(5 \times 5 = 25)$

Answer all questions choosing either (a) or (b).

11. (a) Write shortly on "unintentional weight loss".

Or

- (b) Mention the importance of "Reading nutritional labels".
- 12. (a) Explain food exchange system.

Or

- (b) Discuss insulin and carbohydrate ratio.
- 13. (a) Explain the role of dietary fibre in prevention of CVD and obesity.

Or

- (b) Discuss the consequences of haemotherapy for cancer patients.
- 14. (a) How do prevent the occurence of renal stones among adult men?

Or

- (b) Write a note on glomerular filteration rate.
- 15. (a) Discuss hepatic coma, briefly.

Or

2

(b) Explain the term 'Pancreatitis'.

Answer any **three** questions.

- 16. What are nutritional management and care for an adolescent girls suffering from PCOD.
- 17. Discuss the long term complications of diabetes and highlights their nutritional management and care.
- 18. Explain the role of functional foods and nutraceuticals in prevention of cancer.
- 19. Discuss "Cirrhosis" with reference to
 - (a) Causes
 - (b) Clinical features and
 - (c) dietary principles and guideline for prevention of cirrhosis.
- 20. Explain the latest trends noted in the nutritional management of Acute renal disorders.

Sub. Code 7MHF2C3

M.Sc. DEGREE EXAMINATION, APRIL 2023

Second Semester

Home Science

FAMILY RESOURCE MANAGEMENT

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Define Management.
- 2. Differentiate flexible and rigid standards.
- 3. Mention the types of decisions.
- 4. State the factors influencing use of resources.
- 5. Enlist the tools in time management.
- 6. Give the types of income that contribute a family.
- 7. What is ergonomics?
- 8. Mention the techniques of studying time and motion.
- 9. State the law of marginal utility.
- 10. Who is a consumer?

Part B

 $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) What is a goal? Write the factors influencing the goals set up by an individual?

Or

- (b) State the functions of a family.
- 12. (a) What is a resource? Classify resources with suitable examples.

Or

- (b) How will you resolve conflicts while making major decisions?
- 13. (a) Explain the tools in time management.

Or

- (b) Write a note on Engel's law of consumption.
- 14. (a) What is fatigue? Explain the types of fatigue.

Or

- (b) How will you design a work place at home for a working women.
- 15. (a) Explain the law of diminishing marginal utility with a graphical representation.

Or

(b) Briefly explain the consumer rights and responsibilities.

2

Answer any **three** questions.

- 16. Elaborate on the motivating factors in management.
- 17. Write a detailed note on management process with suitable examples.
- 18. Give a detailed account on the steps involved in management of money by a homemaker.
- 19. Describe Mundel's classes of change with examples.
- 20. Sketch the present status of a consumer in India. Explain the problems faced by a consumer now-a-days.

F-9458

3

Sub. Code 7MHF2E1

M.Sc. DEGREE EXAMINATION, APRIL 2023

Second Semester

Home Science

Elective: FOOD PROCESSING AND PACKAGING

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What is meant by heat blanching?
- 2. Write a note on baking.
- 3. Give the types of dryers.
- 4. Briefly explain ultra filteration.
- 5. Define fabrillation.
- 6. Give two advantages of vacuum packaging.
- 7. State two uses of Plastic films.
- 8. Mention the types of closures.
- 9. What is meant by unit pack?
- 10. List the three types of materials used for packaging.

Part B

 $(5 \times 5 = 25)$

Answer all questions choosing either (a) or (b).

11. (a) Write the scopes of food processing.

Or

- (b) Briefly explain UHT. Processing.
- 12. (a) Discuss Dehydro freezing.

Or

- (b) Write short notes on Cold storage methods commonly used in food industry.
- 13. (a) List the functions of packaging.

Or

- (b) How do you select package materials and give suitable examples.
- 14. (a) Briefly explain "Tinplate Containers".

Or

- (b) List the advantages and disadvantages of edible films.
- 15. (a) Briefly explain composite containers.

Or

(b) Write short notes on shrink-wrap packaging.

2

Answer any **three** questions.

- 16. Discuss processing and preservation by heat blanching.
- 17. Enumerate the types of dryers and list their suitability for any four different food products.
- 18. Explain the different types of papers used in food packaging and highlight their testing methods.
- 19. List the points to be considered while designing a package systems.
- 20. Discuss the recent developments in food package systems with suitable examples.

Sub. Code 7MHF2E2

M.Sc. DEGREE EXAMINATION, APRIL 2023.

Second Semester

Home Science

Elective - HUMAN DEVELOPMENT

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

Answer all questions.

Define.

- 1. Conception.
- 2. Blastocyst.
- 3. Growth.
- 4. Development.
- 5. Developmental tasks.
- 6. Play.
- 7. Deficiency diseases.
- 8. Habit.
- 9. Behaviour problem.
- 10. Mental retardation.

Part B $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Enunciate the factors influencing prenatal development.

Or

- (b) Explain the three major types of birth.
- 12. (a) Elicit the intellectual development of infants as stated by piaget.

Or

- (b) State the advantages of breast feeding over bottle feeding.
- 13. (a) State the causes, symptoms and remedies for any three communicable diseases.

Or

- (b) Enumerate the developmental tasks to be accomplished by children during their early years.
- 14. (a) Elicit the principles underlying habit formation.

Or

- (b) How does the social relationships change during late childhood?
- 15. (a) Define orthapaedically handicappedness. State the remedial measures.

Or

(b) Who is said to be gifted? Mention their characteristics.

F-9460

2

Answer any **three** questions.

- 16. List the stages of prenatal development. Explain each in detail.
- 17. Growth and development are governed by ten principles Elucidate.
- 18. Elicit the significance of play and explain the play behaviour pertinent to the early childhood period.
- 19. Track the changes in intellectual development from early childhood to late childhood period.
- 20. Discuss the significance of preschool education. Elicit the criteria to be met for an ideal preschool set-up.

F-9460

3

Sub. Code 7MHF4C1

M.Sc. DEGREE EXAMINATION, APRIL 2023.

Fourth Semester

Home Science

INSTITUTIONAL FOOD SERVICE MANAGEMENT

(CBCS - 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Define motel.
- 2. What is contract catering?
- 3. What is menu planning?
- 4. Define word simplification.
- 5. Define goal.
- 6. What is resource management?
- 7. List the types of menus.
- 8. List the types of cost control.
- 9. Why pest control is necessary for a food industry?
- 10. What do you mean by safety at work place?

Answer all questions, choosing either (a) or (b).

11. (a) Write a note on Industrial catering.

Or

- (b) What is the different between a hotel and restaurant explain?
- 12. (a) What are the points to be considered while planning a serving area?

Or

- (b) Write a short note on left over management of food.
- 13. (a) What are the factors that affect the use of resources?

Or

- (b) Explain types of decisions.
- 14. (a) Explain on Book keeping.

Or

- (b) Write a note on food cost.
- 15. (a) What is food hygiene and sanitation, How it can be achieved in food industry?

Or

(b) What are the different methods of pest control?

2

Answer any **three** questions.

- 16. Describe the different types of welfare catering establishments.
- 17. Elaborate the various types of menu's with example.
- 18. What are the steps in planning, controlling and evaluating goals, explain?
- 19. Explain the use of computers in food service establishments.
- 20. What are the different types of accidents, how it can be prevented in food service institution/establishment?

Sub. Code 7MHF4C2

M.Sc. DEGREE EXAMINATION, APRIL 2023.

Fourth Semester

Home Science

HOME SCIENCE EXTENSION EDUCATION

(CBCS – 2017 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What is extension education?
- 2. Write any two principles of extension education.
- 3. Mention any two qualities of women extension worker.
- 4. What do you mean by the term 'three tier of Panchayat Raj system'?
- 5. Mention any two approaches of rural development.
- 6. List any methods of extension education.
- 7. Define programme.
- 8. Write a brief note on Mahila Mandal.
- 9. Expand TRYSEM.
- 10. Expand ICDS.

Answer all questions, choosing either (a) or (b).

11. (a) Elucidate the relationship of extension education with other social sciences.

Or

- (b) Brief the objectives of home science extension.
- 12. (a) How will you train women extension workers?

Or

- (b) Explain how extension personnel works at block level.
- 13. (a) Write down the steps in evaluation of a programme.

Or

- (b) Bring out the importance and scope of extension.
- 14. (a) Brief the advantages of Individual and Mass approaches.

Or

- (b) Write a short note on formal education.
- 15. (a) Comment on social forestry.

Or

(b) Sketch the need and importance of extension training institutions.

2

Answer any **three** questions.

- 16. Elaborate on the role home science extension in national development.
- 17. Describe the role and functions of women extension workers.
- 18. Explain the different visual and other teaching aids used in communication and extension works.
- 19. How will you plan and implement a programme for women and children?
- 20. Write an essay on the importance and principles of training institutions.